



INFORMATION

Eyes: Green

Hair: Dark brown

Height: 160 Weight: 52

Shoulders: 48 cm Bust/Chest: 86 cm

Waist: 72 cm Hips: 91 cm Inseam: 68 cm

Shoes: 37 Hat: 56 cm Clothes: XS/S, 34

CONTACT

PHONE:

(+358)453531441

EMAIL:

info@anastasiatrizna.com

WEBSITE:

www.anastasiatrizna.com

PHOTOS

www.anastasiatrizna.com/photogallery

ANASTASIA TRIZNA

Stunt Card

STUNT AND OTHER RELEVANT EDUCATION

- Stunt courses with European Stunt School (Denmark), Dramatic Combat Finland, IOSP The Paddy Crean (Canada), Arctic Action (Norway), Tarmo Stunts (Sweden): fighting for film, body burns, wire work, high falls, repelling and pendulum jumping (from up to 15m height)
- Trained with: Oula Kitti, Nigel Poulton, Kev McCurdy, Siobhan Richardson, Ian Rose, David Boushey, J.P. Fournier, Lyndall Grant, Jess Finley, Kristoffer Jørgensen, R Robinson Wilson.
- Nordic Stage Fight Society / Dramatic Combat Finland:
 Fully certified Advanced Fight Performer
- Osuva Range & Training: personal and group fire arms training (pistol & semiautomatic rifle)
- Elrohir Oy: mounted archery courses, trick riding
- Certified Intimacy Coordinator with Nordic Intimacy Coordinators and Intimacy Professionals Association
- Professional actor since 2009

SKILLS

- Horse riding: dressage, bareback riding, mounted archery, trick riding
- Wirework, firearms, body burns
- Basic boxing and HEMA training
- Scuba diving PADI basic (needs renewal)
- Dancing: contemporary, ballet basics

EXPERIENCE IN STUNTS

- Ambush (2024), short film. Fight and stunt performer. Director by Esa Jussila, stunt coordinator Oula Kitti.
- Jukka Lindströmin Sivuhistoria (2022), TV-Series, YLE. Fight performer.
 Stunt coordinator Mikko Löppönen.
- What Remains (2022) feature film. Stunt double for Andrea Riseborough. Director Huang Ran, stunt coordinator Oula Kitti
- Next of Kin (2022) TV-series, Bufo Oy. Fight performer. Stunt coordinator Oula Kitti.
- Until You Shine Again (2021), music video, Happy Boy Records. Lead actor and stunt performer, stunt coordinator Oula Kitti
- Fejd (2019) short film. Stunt double. Director Marion Saares Arcada University of Applied Sciences
- Fight choreography shorts (2019-2023). Stunt and fight performer.
 Directed and choreographed by Mikko Löppönen, Oula Kitti